

JACOB NEWTON: OVERCOMING OBSTACLES TO ACHIEVE SUCCESS



Sunday, May 5th, 2024

**Jacob will be speaking at
12:30pm**

Polish-American Cultural Center

6501 Lansing Avenue, Cleveland, OH 44105

**Jacob will be the featured speaker as part of their Coffee
and Pastry Sunday program.**

Doors will open at 11:00am.

Come join us to meet Jacob and hear his inspiring story.



Jacob Newton is a former professional hockey player known for his rugged style and inspiring play. His successful ten-year career spanned seven years in Europe and one season with Cleveland's Lake Erie Monsters. However, it was only when Jacob confronted the demons of his past that his career blossomed, from both a personal and professional level.



Jacob now lives in the Cleveland area and has devoted his life to helping others. In addition to coaching youth, he works with both athletes and non-athletes to promote mental health and emotional control. He is an advocate for mental health, using his platform to aid in the understanding that we all need mental and physical balance. In the words of Jacob, "I believe it's important for everyone to focus on their mental health just as much as their physical well-being. And I want those who suffer in silence to know that we are all confronted with emotional issues, that there is help, and they are NOT alone."